Biography:

Tanya Marie Silveira is a Registered Music Therapist and Neurologic Music Therapist based in Sydney, Australia.

Tanya is currently undergoing her PhD research with the National Music Therapy Research Unit at the University of Melbourne (under the supervision of Dr Jeanette Tamplin and Dr Simone Dorsch). The PhD research examines how functional electrical stimulation combined with iPad-based music therapy impacts upper limb function and wellbeing outcomes of stroke survivors.

Tanya has presented internationally and nationally on her clinical work and research. At the 2014 World Congress of Music Therapy conference in Vienna, Tanya discussed her experience gained from setting up a community music program in Mumbai, India. In 2017, Tanya widened the scope of her audience by presenting her research and clinical work at the NSW Agency for Clinical Innovation Rehabilitation Forum and the SmartStrokes conference, resulting in a publication to the International Journal of Stroke. Tanya is also a regular speaker at the Australian Music Therapy Association National Conferences.

Tanya has successfully implemented ongoing music therapy programs that specifically focus on the rehabilitation of adults (MetroRehab Hospital) and children (Royal Institute for Deaf and Blind Children – Matilda Rose Centre).

Drawing upon a holistic approach, Tanya combines motivational, interactional, physical and communicative aspects of music therapy when working in a strengths-based model. Tanya has collaborated and worked closely with, physiotherapists, occupational therapists, speech pathologists, psychologists and creative arts therapists.

Tanya is extremely passionate about engaging in the profession and advocating for the place of music therapy. Over the years, Tanya was Treasurer of the New South Wales Branch of the Australian Music Therapy Association, Guest Lecturer for the Masters of Music Therapy course (Western Sydney University) and Supervisor for students within the Masters of Music Therapy at Melbourne University and Western Sydney University.

Tanya holds a Masters of Music Therapy and a Bachelors in Music (Performance) / Arts (Psychology).